



KW PROPERTY MANAGEMENT & CONSULTING

Shopping & Other Resources for Seniors & Vulnerable Adults

Groceries & Other Items

WALMART

- Delivery to your home:
 - Go to [grocery.walmart.com](https://www.grocery.walmart.com). Shop through departments. Mark favorites to make it easier to shop next time.
 - Reserve delivery time.
 - \$30 minimum order. Delivery memberships are \$12.95 per month/\$98 annual. Single use fee is up to \$9.95. Prices are the same as in the stores. \$10 off first order of \$50 or more. Use code WOWFRESH

- Drive Up Option: Purchase is delivered to your vehicle in the parking lot.
 - Select your store. Choose pick up time. They will text you when your order is ready. Drive to store. Park in designated spots. Call number on sign. They will load everything into your car. Notes: They email you if they need to make substitutions. If a substitution they made is not acceptable, just tell the person loading your car and they will remove that item and adjust your bill. No charge. No tipping permitted.
 - \$30 minimum order. Prices are the same as in the stores.

- In-store shopping for seniors: Tuesdays March 24 -April 28, Walmart stores will open one hour before regular hours for seniors aged 60 and older. Pharmacies and Vision Centers will also be open during this time.

PUBLIX

- Delivery to your home:
 - Go to [delivery.publix.com](https://www.delivery.publix.com) to shop. (Facilitated by Instacart.) select your items. Check out & and select delivery time.
 - Prescriptions cannot be delivered.



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- The Instacart “shoppers” will text you if product or quantity substitutions are necessary due to availability.
- You will be texted an estimated arrival time when the delivery is on the way.
- Yearly membership \$99 or \$3.99 and up per delivery. First delivery fee is waived.
- Minimum purchase \$10. (Note: Instacart prices are slightly higher than in-store prices. Also, availability is the same as in the stores so they don’t have toilet paper either.)
- Drive Up Option:
 - Order at delivery.publix.com. Choose pick up time. Drive to Publix at selected time, park in the designated Publix Curbside parking space, and call the store using the number on the sign. Give the Publix associate your name, and they will bring out your order and load it into your car.
- In-store shopping for seniors: Publix will be opening for Seniors only for one hour at 7am on Tuesdays and Wednesdays beginning Tuesday March 24, 2020. The pharmacy will also be opening at 7am on those days.

WINN DIXIE

- Delivery to your home:
 - Delivery through Shipt. Membership required. \$99 annually or \$14 monthly. Orders over \$35 are free with membership. Smaller orders are welcome but will incur a \$7 service fee. Prices are the same as in the stores
 - Prescriptions cannot be delivered.

ALDI

- Delivery to your home:
 - Go to <https://www.aldi.us/en/shop-now/grocery-delivery/> (Delivery facilitated by Instacart)
 - Check out & and select delivery time.
 - The Instacart “shoppers” will text you if product or quantity substitutions are necessary due to availability
 - You will be texted an estimated arrival time when the delivery is on the way
 - Yearly membership \$99 or \$3.99 and up per delivery. free delivery on first 3 deliveries of \$35 or more.
 - Minimum purchase \$10. (Note: Instacart prices are slightly higher than in-store prices. Also, availability is the same as in the stores.)
- No dedicated hours for seniors at this time



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FRESH MARKET

- Delivery to your home:
 - Go to <https://delivery.thefreshmarket.com/> (Delivery facilitated by Instacart)
 - Check out & and select delivery time.
 - The Instacart “shoppers” will text you if product or quantity substitutions are necessary due to availability
 - You will be texted an estimated arrival time when the delivery is on the way
 - Groceries and prepared foods are available
 - Yearly membership \$99 or \$3.99 and up per delivery. Free delivery on first order of \$35 or more.
 - Minimum purchase \$10. (Note: Instacart prices are slightly higher than in-store prices. Also, availability is the same as in the stores.)

- Drive Up Option:
 - Order at <https://delivery.thefreshmarket.com/>

- In-store shopping for seniors: Monday through Friday, first hour of business.

TARGET

- Delivery to your home: Have purchase shipped to you using Shipt or Target.com. Go to Target.com. Select “Same Day delivery” on the red bar near top of page. Then select Grocery or other subtopic.

- Drive Up Option: Purchase is delivered to your vehicle in the parking lot.
 - NOTE: Drive Up is NOT available for perishable food, flowers, adult beverages and other select items.
 - Shop using the Target App; select Drive Up at checkout; wait for notification that order is ready for pick up; tell them when you’re on your way; park in the designated spot & let them know you’re there so they can load up your car.

- In-store shopping for seniors and other vulnerable guests: First hour Wednesdays.

- Order ahead to pick up quickly in store: They’ll have it waiting at store for you.



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WHOLE FOODS/AMAZON

- Go to <https://www.amazon.com/alm/storefront?almBrandId=QW1hem9uIEZyZXNo>
 - Free 2 hour grocery delivery (Food comes from Whole Foods Market) with Amazon Prime membership \$12.99 per month / \$119 annual membership. *Prime membership also includes video/music/reading services. First 30 days of annual subscription free. Grocery prices are a little higher than other markets.

COSTCO

- Delivery to your home:
 - Membership not required, but 5% surcharge applies to non-members.
 - Go to <https://www.costco.com> (Delivery facilitated by Instacart)
 - Same day delivery. Select delivery window. Instacart shopper will text or call to discuss a substitute, or refund you for that item. Instacart shopper will deliver your order. You must be present to accept delivery.
 - The order minimum is \$35.
 - Yearly membership \$99 or \$3.99 and up per delivery. Free delivery on first order of \$35. No separate delivery fee for orders of \$75 or more.
- Online orders shipped and delivered like any other package.
- In-store shopping for seniors: Tuesday and Thursday 9:00 – 10:00 Coconut Creek location.

BJ'S WHOLESALE CLUB INSTACART

- Delivery to your home:
 - Go to <https://www.bjs.com> (Delivery facilitated by Instacart)
 - Instacart Yearly membership \$99 or \$3.99 and up per delivery. Free delivery on first order of \$35 or more.
- Drive Up Option: Shop through Instacart.

DOLLAR GENERAL

- In-store shopping for seniors: Daily, first hour of business.



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BIG LOTS

- In-store shopping for seniors: First hour each day reserved for senior citizens and those most vulnerable to this virus.

AMAZON

- Delivery to your home: Order non-perishable foods and other items at <https://www.amazon.com>

RESTAURANT DELIVERIES

Multiple delivery services will allow you to order from local restaurants that wouldn't previously have had delivery service. (Fast food restaurants, full-service restaurants, etc.)

Here are 5 similar delivery services. (While each service does multiple restaurants, and most restaurants are served by more than one of these delivery services, not all restaurants are serviced by all services, so check to see which service your favorite restaurants.)

Note: Delivery fees combined with service fees can add up; check before you order.

Ubereats.com.

- Service fee (15% of order) + small order fee (\$2) on orders under \$10 + delivery fee (varies based on distance/time of day, but is currently \$0 on many restaurants) + tip. Fastest delivery time.

Grubhub.com.

- Delivery fee (based on distance from restaurant) + small order fee on orders under \$10 + tip.

Postmates.com.

- Delivery fee + service fee (percentage-based), + small order fee + "blitz pricing" during busy periods + tip.

Doordash.com

- Order fee and delivery fee. The standard delivery fee is \$5.99. This can go up as high as \$8 depending on distance or the agreement DoorDash has with the restaurant. During certain promotions, you can get discounts on delivery orders over \$15.



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To order:

- Go to the selected Delivery Service site.
- Enter your zip code or address to see what restaurants are in their database in your area.
- Select a restaurant. It will indicate the minimum order- each restaurant is different.
- Delivery fees are additional (and may vary depending on time of day and demand), and tips for the driver are highly recommended.